

Report of: Leeds United Foundation

Report to: Outer East Community Committee
Cross Gates & Whinmoor, Garforth & Swillington,
Kippax & Methley, Temple Newsam

Report author: Localities Officer - Charlotte Fletcher

Tel: 07712 217260

Date: Tuesday 27 September 2022

To Note

Leeds United Foundation Presentation

Purpose of report

1. To provide the Outer East Community Committee with an update on the review by Leeds United Foundation and Premier League activities.

Main issues

2. The attached presentation has been provided at the specific request of the Outer East Community Committee Chair.

Recommendations

3. To note the contents and information presented by the representatives from Leeds United Foundation and provide any updates.



COMMUNITY COMMITTEES

OUTER EAST

MARCHING ON TOGETHER



Overview

- What We Do
- How We Do It
- A Wellbeing Offer
- A Youth Activity Fund Offer
- Other Foundation Provision
- Next Steps

MARCHING ON TOGETHER



WHAT WE DO

Inspired by our Community , we march together to support health, well being , education and sports participation for all.

We use the power of Leeds United to support and inspire those who live in our place.

We do this through a range of activities including health and social education in primary and secondary schools, community volunteering , sports participation for everyone, we enable young people to make Positive Choices™ about their lives and futures, and we combat loneliness and sadness for all age groups including with our Dementia Café.

We constantly adapt and evolve our offer to meet the needs of our Community.

MARCHING ON TOGETHER



HOW WE DO IT

HEALTH

Fit Leeds

Fit Fans

Walking Football

Dementia Cafe

Combat Cafe

Soccercise

Arla Healthy Schools

Arla Healthy Families

Healthy Holidays

PARTICIPATION

Skills Centre

Soccer Schools

Tots (2-5yr)

Girls Participation

RTC / Shadow Squads

Disability

Premier League Kicks

Active Through Football

EDUCATION

Primary Stars

Secondary Schools

Further & Higher Education

National Citizens Service

Positive Choices

PL Kicks Targeted

Primary Choices

School Hub



A Wellbeing Fund Offer for Outer East

HEALTHY HOLIDAYS



Our Aim

- Our delivery is tailored to ensure that throughout the week, children can participate in various activities from multi sports to arts and crafts, as well as themed workshops around health nutrition, and wellbeing.
- Activities will build social skills and connect the children to their peers to improve their ability to create and maintain positive relationships. We will encourage team building activities to promote problem solving, as well as improving skills such as communication and leadership.
- Working with Rethink Food, we provide “Freegan Boxes” to each participant , which supplies enough food staples for a family of four for a week.
- £5,000 funding will allow the Foundation to operate two, 5 day Healthy Holiday programmes, in two identified areas within your ward, for example one in the Summer Holidays and October Half Term.
- 32 places are available per camp (64 places overall) and we can work with you to identify key Beneficiaries who will benefit from this provision.
- Provision can be scaled up based on increased funding levels.



A Youth Activity Fund Offer for Outer East

Premier League Kicks “Drop-In Sessions”



Our aim is to

- Use the power of football to help children and young people in high need areas to reduce Anti-Social Behaviour and improve community safety.
- Engage children and young people in education and personal development activities to enhance physical and mental wellbeing, self esteem, ambition and social skills through a variety of Workshops
- Inspire young people to develop positive, supportive relationships with one another and the authorities

£4,000 will provide 2 hours per week of Kicks “Drop in” Football for 50 weeks of the year in an identified area of your Ward.

This offer can be scaled up depending on funding levels, and operated in targeted areas.



OTHER FOUNDATION PROVISION

Woman's and Girls

Soccercise

£5,000 will provide two "Soccercise" sessions per week for 50 weeks, allowing 30 Women to participate, developing physical and mental wellbeing.

Community Safety

Workforce Development

£5,000 – Will provide 5 workforce development opportunities for local heroes to gain an Introduction to Football Qualification, which will allow them to support our community drop in football session.

Adult Participation

Walking Football – Over 50's

£4,000 will allow a 2 hour "Walking Football" drop in session for adults 50 + years for 50 weeks. The session can operate in an targeted areas and an be open access for all, or closed access for targeted referrals

Health and Wellbeing

Fit Fans

£5,000 – Will provide opportunities for 20 Adults to access the programme for 13 sessions (1 session per week) to be delivered in an identified area of your Ward.

Sessions will be 2 hours per week that are split between Education Awareness sessions and Physical Activity Session.



Next Steps

For further information

Please contact

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